

ISSUE 4

# MY STYLE



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QUARANTINE WORKOUTS  
WORK FROM HOME TRENDS  
ZOOM INTERVIEW TIPS AND TRICKS

# TOP 5 WORK FROM HOME TRENDS

## AND WHEN TO WEAR THEM

*As we have begun to adjust in the last few weeks to our 'new normal', we have undergone several changes. New forms of work, school, and entertainment (and boredom) have taken over our daily grind. While these new emphases might take precedence, what we wear can be important too. Whether it's for expressing creativity, motivating us more than wearing pjs all day would, or just looking cute for constant social media posts, here are some suggestions on what is hot for home right now.*

**Article and styling by Lauren Smith // All photographed looks from Marquette Boutique**



## TIE DYE SETS

Bringing us back fondly to days at summer camp except without the mess of dye and rubber bands, these sets are the perfect loungewear staple. Best worn in sets for a colorful fit from head to toe, they can also be used to mix and match. For maximum color pop without clashing, look for more single color dye jobs, pastels or coordinating colors. Another popular option is bleached tie dye looks which can even be done at home using the household cleaner. When adding accessories, keep them void of color with black or white crew socks, sneakers, and sunnies. Bonus points if you can find a matching tie dye bucket hat.

**When to wear:** Zoom hangouts with friends and filming TikTok videos



## LINK UP

Just because we can't step out on the town, doesn't mean we can't add some glam to our quarantine looks. Chain link jewelry is the perfect way to add some sparkle to even the comfiest of looks. Anything from earrings, rings, necklaces, and chokers are available in a variety of chain styles. Add longer chains to your deeper cut tees and tanks for flirty fun. Make your sweats pop with some hoop chain earrings and some matching rings. Bonus points for layering different lengths and thicknesses for some hard core heavy metal.

**When to wear:** Zoom dates, Instagram selfies, and Snapchat stories



## BACK TO BASICS

Simple times call for simple pleasures. These tanks are versatile, matching anything from sweatpants to leggings and everything in between. Layer bodysuit tanks with sweatshirts or cool off with cropped tanks during the few days of the week that it's above 60 degrees. A key rule of thumb with these is to stick with neutral colors. A little black tank (LBT) matches everything, but pastel pinks and earthy greens and bring a little color to our subdued sequestering. A trick is to match your tank to accessories like socks, scrunchies, or Apple Watch bands. Add a final touch with some gold chain-linked jewelry shown above.

**When to wear:** When coloring, redecorating, baking sourdough bread, or anything creative



# ANTI-SOCIAL ATHLETE

Just because the world has stopped, doesn't mean you can't keep crushing your fitness (and fashion) goals at home. Classic athleisure styles like crop tops and bike shorts are a match made in heaven, weather you coordinate colors or mix in patterns. Again, bright pastels or basic neutrals, as well as tie dye sets are the must have colors of the season. High waisted leggings or shorts can give you more support and a flattering figure, just make sure the material isn't see through for any awkward squat situations.

**When to wear:** Zoom yoga classes, YouTube inspired workouts, or movie marathons

# JUST JOGGERS

We probably all have a pair, but staying home all day is the perfect excuse to go get another one (or two). Sweat sets can be perfect to have a go-to matching top, but joggers can also pair well with tees, tanks, crops, bodysuits. A good rule to remember is the baggier the bottoms, the more fitted the top should be and vice versa. For a more fashionable flair, match neutral or bright pastel tops and bottoms for a cool monochromatic look. Step out of your usual black or gray pairs and try lighter colors like creams and light pinks. Just remember to be careful as these colors can show stains easily. Pair with a white platform sneaker or slides and add chain link jewelry to complete the look.

**When to wear:** Literally anytime you feel like it!

